



Genogram Symbols Cheat Sheet

GENDER & IDENTITY SYMBOLS

| | |
|--|---|
| | Male Square shape |
| | Female Circle shape |
| | Unknown / Unspecified Gender Diamond shape |
| | Identified Patient / Client Double border around symbol |
| | Pet / Significant Other Pentagon (some systems) |

LIFE STATUS INDICATORS

| | |
|--|--|
| | Deceased (Male) X drawn through square |
| | Deceased (Female) X drawn through circle |
| | Pregnancy (Current) Triangle shape |
| | Miscarriage Small triangle with X |
| | Stillbirth Gender symbol with X + "SB" label |
| | Induced Abortion Filled triangle |

COUPLE RELATIONSHIPS

| | |
|--|---|
| | Marriage Solid horizontal line |
| | Cohabitation (Living Together) Dashed line |
| | Separation One slash through line |
| | Divorce Two slashes through line |
| | Engagement / Dating Dotted line or notation |

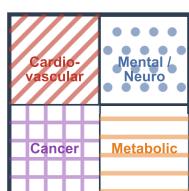
PARENT-CHILD CONNECTIONS

| | |
|--|---|
| | Biological Child Solid vertical line to child |
| | Adopted Child Dashed line to child |
| | Foster Child Dotted line to child |
| | Fraternal Twins Lines converge to one point |
| | Identical Twins Converging lines + horizontal bar |

EMOTIONAL RELATIONSHIP PATTERNS

| | | | | | |
|--|---|--|---|--|--|
| | Close / Harmonious Two parallel lines | | Enmeshed / Fused Three parallel lines | | Distant Single dotted line |
| | Conflict Zigzag / jagged line | | Cutoff / Estranged Break in line | | Close & Conflictual Parallel + zigzag combined |
| | Focused On Arrow toward focus | | Abuse Zigzag with arrow | | Normal / Plain Single solid line |

HEALTH CONDITION NOTATION (QUADRANT SYSTEM)



- Top-Left:** Cardiovascular
- Bottom-Left:** Cancer

Outer ring categories: Respiratory, Autoimmune, Musculoskeletal, Other
Filled quadrant = person has condition | **Half-filled** = carrier
Tip: Use a legend on your genogram whenever health conditions are shown.

- Top-Right:** Mental / Neurological
- Bottom-Right:** Metabolic / Endocrine

QUICK TIPS FOR PRACTITIONERS

- Birth order:** Oldest child on the left, youngest on the right
- Always include a legend** when using health condition notation
- Use color sparingly** and ensure print-friendliness
- Couple placement:** Male traditionally on left, female on right
- Date your genogram** — family situations change over time
- Three generations minimum** for clinical genograms